



Commitment Check & Team Handbook

Crew requires commitment from both the athlete and parent/guardian.

Athlete Commitment

- To be eligible to compete in regattas, athletes must attend practices and remain at practice until dismissed by their coach. Please make sure you are able to attend all practices.
- Rowers are dependent on the attendance of their teammates. When team members are missing, late for practice or leave early, the team's ability to perform, and possibly the health and safety of the other athletes, may be compromised.
- Carefully consider all commitments at home, school and other areas of your athlete's life before (s)he joins Pittsford Crew. The physical demands of rowing and potential for injury preclude concurrent participation in any other sport.

Parent/Guardian Commitment

- Parents must provide or arrange transportation to and from practice for their athlete(s). Because we are a club sport, the Pittsford Central School district does not provide any transportation.
- Parents are required to assist during the season with fundraising, regattas and other committees. To run a safe, fun, and competitive program, we depend on the support of all of our families!

Parent and Athlete Must-Read the Team Handbook

- The current Pittsford Crew Code of Conduct and Attendance Policy can be found in the [Team Handbook](#).

If you and your athlete can make the above commitments, we would love to have you as part of our program.